

Wednesday 3 April Lewes Priory School 6 – 6:45pm in the school hall

Surviving & Thriving In Your GCSEs

You and your son or daughter have an amazing brain, but it can not feel like that as stress, homework and revision pile up. We're going to show you how to manage stress, engage with learning everything you need to know in your GCSEs and even enjoy the experience. We take neuroscience & psychology strategies to help students and parents survive & thrive during GCSEs.

If you're a parent at Lewes Priory and you haven't signed up text Andrew today 07590 698701 or email him: adwright100@gmail.com



Action Your Potential's Innovative Brain Science Seminars
A Guide To Surviving & Thriving In Your GCSEs

